

Christ the King Catholic Church

Ash Wednesday

March 5, 2025



Forty Days and Forty Nights

Composer: George H. Smyttan Martin Herbst, HEINLEIN

Forty days and forty nights, You were fasting in the wild;
Forty days and forty nights, tempted, and yet undefiled.

Shall not we your sorrow share, and from worldly joys abstain,
Fasting with unceasing prayer, strong with you to suffer pain?

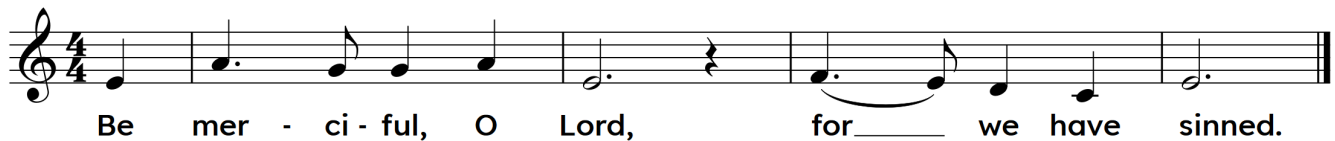
Then if Satan on us press, flesh or spirit to assail,
Victor in the wilderness, grant we may not faint nor fail!

So shall we have peace divine: holier gladness ours shall be;
Round us, too, shall angels shine, such as served you faithfully.

Keep, O keep us, Savior dear, ever constant by your side;
That with you we may appear at the'eternal Eastertide.

Psalm 51—Be Merciful, O Lord

Text: Lectionary for Mass © 1997,1981, 1968, ICEL. Music: Jarrod Townsend © 2015



Arrepiéntete/Repent

Text: English refrain fr. The Roman Missal © 2010, ICEL. Spanish refrain fr. Misal Romano © 1975, Conferencia Episcopal Mexicana.
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Repent and believe, repent and believe in the Gospel

Marked today with ashes, let us fast and weep, let us seek the mercy of our God.

Lord, you show us mercy when we fall to sin. You do not seek death but change of heart.

You are rich in mercy; you forgive our sins. spare your people, Lord, and set us free.

Blot out our transgressions; pardon us, O Lord; lead us to your Son, who gives new life.

We are marked with ashes; humbly we repent. hear us, Lord, and cleanse us from our sins.

In this Lenten journey, let us fast and pray; let us offer acts of charity.

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Act of Faith During Communion My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Hosea

Gregory Norbert © 1972 GIA

Come back to me with all your heart.
Don't let fear keep us apart.
Trees do bend, 'though straight and tall;
so must we to others call.

**Long have I waited for your coming
home to me and living deeply our new life.**

The wilderness will lead you;
to your heart, where I will speak.
Integrity and justice,
with tenderness you shall know.

You shall sleep secure in peace;
faithfulness will be your joy.



Be Still

Text: Matt Maher. Music: O WALY, WALY

Be still my heart, before the King.
Behold the world, an offering.
In bread and wine, an earthly throne.
In flesh and blood, and all are one.

Be still my mind of wayward thought
where sin and pride will plant their seeds,
And steal away all innocence,
and steal away the gift of peace.

Be still my soul of restlessness
that wanders far looking for love,
And finds it in true humbleness,
that's found within the arms of God.

I have no gift to give my King.
My brokenness is all I bring.
So take my heart and make it home,
and it shall be Thy royal throne.

Come seek the lost and they are found.
Open our eyes and we will see
The glory found in suffering,
the glory found upon a tree.
Your glory found in suffering,

Deliver Us, O Lord

Text: Herman G. Stuempfle, Jr. Tune: DELIVERANCE Randall Sensmeier
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Deliver us, O Lord. Deliver us, O Lord. Lord.

From doubt that cripples trust,
despair that cancels hope, from faith that only half believes,
deliver us, O Lord. Deliver us, O Lord.

From pride that lifts the self where only God should rule
and leaps to judge another's worth,
deliver us, O Lord. Deliver us, O Lord.

From selfishness that shuts the door to neighbor's needs
and deafens us to cries of pain,
deliver us, O Lord. Deliver us, O Lord

From fear that does not dare to venture where you call
but clings to comforts close at hand,
deliver us, O Lord. Deliver us, O Lord.

Lord, penetrate our hearts with laser rays of grace
that freed from doubt and fear and pride,
we dare to live by Lord. Deliver us, O Lord



Remember You Are Dust

Paul Tate ©2003 G.I.A. Publications

**Turn away from sin and be faithful to the Gospel.
Remember you are dust and to dust you will return.**

Repent, the kingdom is at hand.
Repent, the kingdom is at hand.

... now, the acceptable time.
Now, the acceptable time.

Lord, Who Throughout These Forty Days

CF Hernaman Music: Day's Psalter 1562

Lord, who throughout these forty days for us did fast and pray,
teach us with you to mourn our sins and close by you to stay.